



Student Welfare 2018

**Presentation by Mr Chin Khai Ying,
CCE HOD**



Abraham Maslow's Hierarchy of Needs

How we can help

Education and Career Guidance (ECG)

Self-actualization

desire to become the most that one can be

CCE Lessons, Student Leadership Roles

respect, self-esteem, status, recognition, strength, freedom

Form Class, CCA, House, Sexuality Education

Belongingness

friendship, intimacy, family, sense of connection

Level Discipline Teacher

Safety needs

personal security, employment, resources, health, property

FAS, food vouchers, free textbooks

Physiological needs

air, water, food, shelter, sleep, clothing, reproduction

Passionate Learners. Courageous Leaders. Caring Citizens

Source: A. H. Maslow (1943)

Originally Published in Psychological Review, 50, 370-396.





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What you can do

❖ **Seek Help Early** for yourself and your friends

e.g. Form Teachers, Subject Teachers, Counsellors, Year Heads

❖ **Sleep Early**

Recommended: at least 8 hours

